





Christopher Sabourin DDS, MS, MSD, INC.  
Donald Nuwey DDS



## **AT SEDATION APPOINTMENT**

This is a reminder for you. We suggest you wear comfortable clothing (ex. a light weight jogging suit.) We will take care of the rest to ensure your comfort.

You should not drink any alcohol or caffeinated beverages for 24 hours prior to your appointment. You should also, not eat or drink anything for 12 hours before your appointment time.

If you have any questions please feel free to call us at  
559.322.2054 (Clovis) or 559.664.0393 (Madera)

## **SEDATION CLEARANCE**

I, \_\_\_\_\_, have informed Dr. Christopher Sabourin of the medications I am currently taking and/or am allergic to.

I have listed a full account of these medications on my health history.

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Name

Date



## **POST SEDATION INSTRUCTIONS**

Initial below:

- \_\_\_\_ 1). Patient cannot drive 24 hours after sedation.
- \_\_\_\_ 2). Patient cannot operate any hazardous devices for 24 hours after surgery.
- \_\_\_\_ 3). A responsible person should be with the patient until he/she has fully recovered from the effects of the sedation.
- \_\_\_\_ 4). Patient cannot make any important type of decisions for 24 hours after the sedation.
- \_\_\_\_ 5). Patient should not go up and down stairs unattended. Patient should stay on ground floor until recovered.
- \_\_\_\_ 6). Patient can eat whatever he/she wants.
- \_\_\_\_ 7). Patient needs to drink plenty of fluids as soon as possible.
- \_\_\_\_ 8). Patient may sleep for a long time or may be alert when he/she leaves the appointment. Attend to both alert and sleepy in the same manner. Do not trust him/her alone.
- \_\_\_\_ 9). Always hold patient's arm when walking.
- \_\_\_\_ 10). Call us if you have any questions or difficulties. If you feel that your symptoms warrant a physician and you are unable to reach us, go to the closest emergency room immediately.

Following most surgical procedures, there may or may not be discomfort depending on your threshold for pain. You will be provided with medication for discomfort that is appropriate for you. In most cases, a non-narcotic pain regimen will be given consisting of acetaminophen (Tylenol ®) and ibuprofen (Advil ®). These two medications TAKEN TOGETHER will be as effective as a narcotic without any of the side effects associated with narcotics. If a narcotic has been prescribed, follow the directions carefully. If you have any questions about these medications interacting with other medications you are presently taking, PLEASE CALL OUR OFFICE FIRST, YOUR PHYSICIAN AND/OR YOUR PHARMACIST.